

# West St. Paul Connections

WINTER ISSUE | FEBRUARY 2026



## Hockey dreams coming true for Carter Bear



Carter Bear

Carter Bear is playing well in his third season with the Everett Silvertips of the Western Hockey League, notching 23 goals and 26 assists in 36 regular season games at print time.

Bear moved to West St. Paul when he was 15 and left fairly quickly to play hockey with the Washington team. It's been a good fit for him, and after three years with the same billet family, he says it feels like home.

At print time, the Silvertips sat atop the Western Conference, and Bear was happy with the team and his game.

"We're doing pretty good right now, leading up to the playoffs," Bear said.

"What I'm most happy with right now, is just my work ethic. I try to give it my all every shift for the team, for the boys."

He's come a long way from his days growing up in Peguis and later in West St. Paul, where he remembers skating on the Sunova (now Access) Centre outdoor rink and in Seven Oaks.

He went to Churchill Hockey Academy for grades 7-9 and then moved over to West Kildonan for Grade 10. Besides hockey, he played lacrosse.

"I played box lacrosse when I was growing up, until I got into West K then me and my buddies there created a field lacrosse team. We did pretty good throughout our high school years," he said.

Hockey was always his main sport though, and he played for the U14

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Photos by  
Evan Morud:

Bear was selected 13<sup>th</sup> overall by the Detroit Red Wings in the 2025 NHL draft.

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# Community Safety Officer program underway in West St. Paul

The RM of West St. Paul has implemented a Community Safety Officer Program.

Community Safety Officers (CSOs) are Provincial Peace Officers appointed under the Police Services Act through an operating agreement between the RM, the RCMP and Manitoba Justice.

The Community Safety Officer program was established by the province to assist with core policing duties in areas outside major cities. The RCMP are still the main police force in the municipality.

"The CSOs will provide additional protection in the municipality," said Mayor Peter Truijen.

"The RCMP are still the primary police service in West St. Paul, but the CSOs can provide more visibility and can enforce certain provincial laws. It's more security for residents and we're excited to launch this new program."

West St. Paul has hired Jeff Betts, Senior CSO, and Brock Visca, CSO. A third CSO will also be hired.

The CSOs will drive white SUVs, easily identifiable with 'Community Safety Officer' on both sides and back of the vehicle, with a grey, orange and green design on the back half of the vehicle. The CSO logo is also displayed on the sides.

"The CSOs will be visible in the community, and that visibility will help deter crime," Truijen said.

"The RCMP have a large coverage area and they do a great job, but this adds a more local presence that is aimed at keeping our community safer."

The CSO uniform is black pants with brown shirts and jackets.

Under the Police Services Act, CSOs work in collaboration with the local policing authority to enhance public safety by:

- implementing crime prevention strategies and initiatives;
- connecting social service providers with persons in need; and
- maintaining a visible presence within the community.

As sworn Provincial Peace Officers, CSOs can enforce provincial laws under the Highway Traffic Act, Liquor, Gaming, Cannabis Control Act, Trespassing Act, and several others.

Examples of what CSOs can enforce include careless driving, disobeying traffic control devices and signals, failing to display license plates, speeding, passing a stopped school bus, failing to wear a seatbelt, and using handheld electronic devices.

**"The CSOs will provide additional protection in the municipality," said Mayor Peter Truijen.**

The CSO program was designed to complement existing police services. Training for CSOs is provided by Manitoba Justice in Brandon.

CSOs report to the RM's Chief Administrative Officer, who reports to RM Council and Manitoba Justice.

## New By-Law Enforcement Officer

The RM has also hired Arshdeep Gill as its new By-Law Enforcement Officer.

The By-Law Enforcement Officer works in response to concerns raised by citizens. Gill will drive a truck similar to the CSOs, but it will say By-Law Enforcement Officer on the sides and back. Gill will wear a uniform that consists of dark grey pants, shirts and jackets that will differentiate him from the CSOs.

If you have any questions or concerns, please contact us at 204-338-0306.

## Intake for sponsorships closes March 1

The RM of West St. Paul has a new policy that establishes clear and consistent guidelines for requests for municipal sponsorships, donations, or in-kind support.

The policy was approved by resolution of Council on Jan. 8.

The policy ensures responsible use of municipal resources while encouraging community development, supporting resident achievement and enhancing events and activities that provide a measurable benefit to the municipality.

The policy applies to requests for financial or in-kind sponsorship from individual residents, teams with one or more municipal member, non-profits and organizers hosting events in the municipality.

There are two intake periods, the first one closing on March 1, the second on Sept. 1.

The application form can be found online at [weststpaul.com](http://weststpaul.com) and can be submitted in person to the municipal office or emailed to [admin@weststpaul.com](mailto:admin@weststpaul.com).

*Continued from page 1*

and U15 AAA Winnipeg Hawks and then the AAA U18 Winnipeg Thrashers before being taken in the sixth round, 132<sup>nd</sup> overall of the WHL draft in 2021.

In 2025 he was drafted 13<sup>th</sup> overall in the first round of the NHL draft by the Detroit Red Wings. Bear was at the draft in Los Angeles, Ca., and shocked doesn't begin to describe his reaction to going so high in the draft. When asked if he had any idea he would be selected that quick, his answer was also quick – "Nope. Not one bit."

"It was beyond surreal, I mean being there with my family, walking up to the stage I almost fell, that's how nervous and how in shock I was," he said.

"It was unbelievable, I will never forget that moment"

He had a huge contingent with him for support, including his mom and dad, two sisters, both sets of grandparents, an aunt from Vancouver, two cousins and two of his dad's close friends.

It was an emotional time for everyone.

"There was a lot of family there," he said.

And a few tears were shed.

"Oh yeah, 100 per cent."

He attended the Red Wing's development

camp last summer and said they were great in helping him mend his Achilles, injured last hockey season.

"The camp was during my rehab with my Achilles, so they had so much stuff for me, and they treated me so well. I was grateful for how much they did for my rehab and how strong I am now."

He was at the camp for about two weeks and said the experience, both on the ice and off, was great. He got to see the interior of the organization, and the on-ice time was a definite learning experience.

"Every player that gets invited to development camp is top in their league and top on their team so it's pretty fast hockey," Bear said.

"It was cool to play that high level hockey and that competitiveness."

In what's been a dream couple of years for Bear, there was still one more highlight – playing with Canada at the World Juniors in Minnesota.

"I think that's a childhood dream of mine. Growing up and watching that tournament. I got to see the difference between a fan standpoint and a player's standpoint," he said.

"The player's standpoint was unbelievable, seeing all the background

stuff, what leads up to the World Juniors and honestly getting a game in was pretty surreal and pretty emotional with my family."

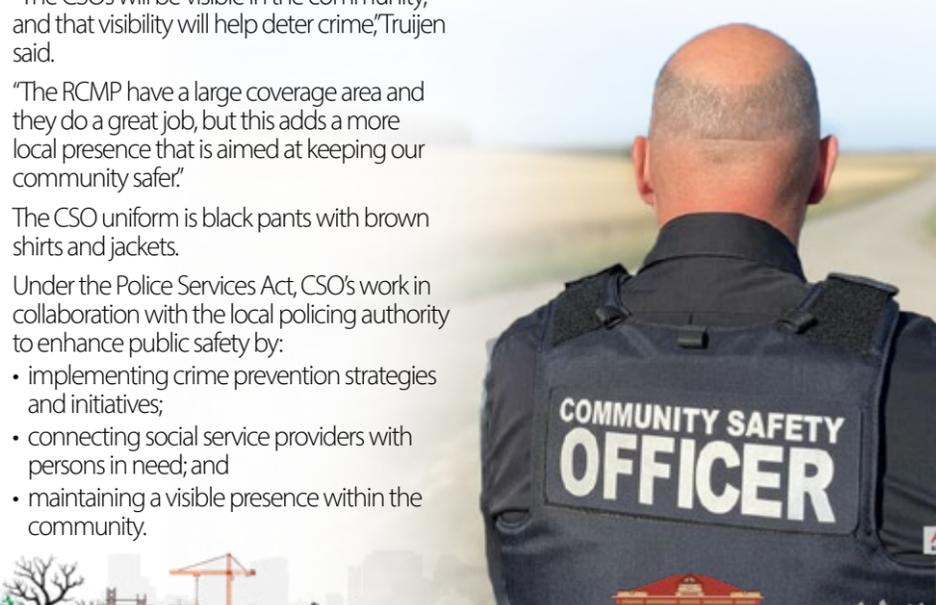
With playoffs on the horizon, Bear is focused on the Silvertips going deep. When the season ends, he will likely find some time to come home and see family and friends.

"I like to go out to the country, out to Peguis where mostly my family is, where my mom and dad grew up," he said.

"I like to go there, it calms my mind. It's where my grandparents live, it's pretty open land, and that's where I like to go."



At print time, Carter Bear had 23 goals and 26 assists for the Everett Silvertips of the Western Hockey League.



RM of West St. Paul

# garage Sale

9:00 AM – 3:00 PM

Everything from furniture to fashion, kitchenware to collectibles. Toys, books, décor, electronics, and much more, all at bargain prices!

March 14

ACCESS CENTRE - 48 HOLLAND ROAD  
[WWW.WESTSTPAUL.COM/UPCOMING-EVENTS](http://WWW.WESTSTPAUL.COM/UPCOMING-EVENTS)

West St. Paul Fire Department presents a Fundraising Poker Event

# TEXAS HOLD 'EM Tournament

When: March 7<sup>th</sup>, 2026  
Where: Access Centre, 48 Holland Rd.  
Time: Registration @ 5:00pm  
Tournament start @ 6:00pm  
For Tickets email: [wspfs@hotmail.com](mailto:wspfs@hotmail.com)

Event sponsored by:

• \$60 buy-in with option for re-buys  
• 70% of buy-in and rebuys goes to the prize pool  
• Last years event was had over \$21,400 in cash prizes paid out  
• Cash bar with food provided

For more information go to [www.weststpaul.com](http://www.weststpaul.com)

Proceeds in support of the West St. Paul Canada Day Celebrations

LGCA 6585-TH-49974

# Accessibility Act all about removing barriers

The Accessibility for Manitobans Act came into law in 2013. The legislation is aimed at removing and preventing barriers for people with disabilities by creating accessibility standards for various sectors. It applies to government, businesses and non-profits. The RM of West St. Paul is continually working to improve accessibility and is in compliance with the standards established under the Act.

In this issue of West St. Paul Connections, we will take a look at informational and communication barriers, which may arise when a person with a disability cannot easily receive and/or understand information that is available to others.

- Barrier** – Print that is too small to be read by a person with impaired vision.
- Solution** - Make everyday documents, such as signs and menus, easy to read by making sure the print is legible for most people.
- Barrier** – A PowerPoint or slide deck used in a presentation is not accessible to employees with low vision or who have hearing loss.
- Solution** - Develop a template for slide decks using large fonts, high contrast colours and clean layout. Provide a visual description of the slides when making a presentation.

- Barrier** – Videos to promote a program or service are not accessible to employees with low vision or who have hearing loss.
- Solution** - Include captions when producing videos. When this is not possible, provide a text transcription of the video.
- Barrier** – Brochures, guides and advertisements that are not clear or easily understood.
- Solution** - Use plain language in written materials. Use symbols and pictures to help get your message across. Use sans serif fonts and avoid italics.
- Barrier** – Complicated, busy or confusing signs.

- Solution** - Keep signs clean and clear. Make information available in another form, such as a chart or pictogram.
- Barrier** – Seating arrangements making it difficult for people who have hearing loss to fully participate in meetings.
- Solution** - Arrange seating at a round table to facilitate lip reading. Use assistive listening or amplification devices as appropriate.
- Barrier** – Marketing and communications materials are not inclusive.
- Solution** - Ensure marketing and communications, including photos and testimonials, reflect diverse people with a range of abilities and ages.
- Barrier** – People with disabilities are not included in visuals or considered as a potential target audience.
- Solution** – Ensure marketing materials, such as flyers, brochures, podcasts and YouTube videos are accessible. ●●●



Team Buchalter

# WSP is ready for spring and any water it may bring

It'll be weeks, if not a month, before the temperature climbs above 0 C on a regular basis, but now is the perfect time to prepare for the possibility of a spring flood.

Eventually, in the not too distance future, the snow will melt during the annual spring thaw, and the moisture will begin to either seep into the ground or make its way to the Red River or tributaries.

West St. Paul has been monitoring weather conditions and the RM will be ready should flooding be a concern. It's still too early to predict what the spring thaw might bring, but the municipality will be ready.

The Municipality monitors fall conditions, winter precipitation amounts and

upstream factors to be up to date and prepared for whatever the spring may bring.

The Province will release its comprehensive analysis of spring conditions impacting the region and that information will inform West St. Paul's plan. The RM's team, which includes the departments of Planning and Operations and emergency personal will be prepared for any situation.

Municipalities in Manitoba are required by the province to have an emergency plan and it must be updated every year. All municipalities are also required to hold an emergency exercise yearly and a full-scale emergency exercise every four years. ●●●



# West St. Paul's Buchalter rink representing Manitoba at U19 Canadian championships



Karys Buchalter's West St. Paul foursome has done it again and represented Manitoba at the Canadian U18 Curling Championships in Timmins, Ont., held Feb. 7-15.

Results weren't available at print deadline, but Buchalter and her team of Ainslee Card, sister Amy Buchalter and Eva Le Heiget, made their way to nationals by winning the U18 Provincial Championships in Riverton in December.

It was an impressive weekend for Team Buchalter as they ran the table with a 5-0 round robin record. They followed that up with a 6-4 win in the 1vs1 game and a solid 9-2 win in the final to go undefeated and capture the 2026 Asham U18 Provincial Championship.

The team represented Manitoba at last year's Canadian championship as well.

Congratulations to the girls and good luck at the Canadians. ●●●

# Holiday Fun

Young and old alike had fun at the Access Centre when Santa, the Grinch and some puppies stopped by for a December party.

Games, activities and photos with Santa and the Grinch were popular, and

Penny's All Breed Animal Rescue was on hand with pups available to foster or adopt. For more information on email [pennysallbreedanimalrescue@gmail.com](mailto:pennysallbreedanimalrescue@gmail.com)



## SnoRiders extend trail into West St. Paul

The South Interlake SnoRiders club has added an additional 16 kms of trail, part of it in West St. Paul, to its network.

The addition brings the SnoRiders' trail length to 170kms.

The extension begins near Stony Mountain and makes its way alongside the Grassmere Drain into West St. Paul, ending at the Grassmere Family Restaurant.

The SnoRiders applied to the Snowmobilers of Manitoba Inc., also known as Snoman, for the trail extension. The trail's conclusion at the Grassmere restaurant allows for "access to a fast-growing community and new staging area for Winnipeggers", and a "good restaurant destination".

The SnoRiders groom and maintain the entire 170kms of trails in their region.



## West St. Paul COPP A Year in Review

As the RM of West St. Paul grows, so does the dedication of our volunteers. We currently have 53 Citizens on Patrol Program (COPP) volunteers actively patrolling our community.

### 2025 Year in Review Statistics:

- Patrol Hours: 1,282 (Up 21%)
- Patrol Kilometers: 14,232 (Up 24%)
- Volunteer Non-Patrol Hours: 768 (Down 18%)
- Non-Patrol Kilometers: 1,395 (Up 11%)

In 2025, our volunteers averaged 107 hours per month. For 2026, our goal is to increase this average to 118 hours per month. A key priority for the coming year is to enhance our presence between midnight and 6am, and we have introduced a midnight shift incentive to support this initiative.

Our upcoming plans also include increased engagement with local businesses and residents, the introduction of bike patrols, and continued participation in community events such as Canada Day and the Fire Department Open House.

We would like to extend a special thank you to Grassmere Restaurant for sponsoring our WSP COPP functions. We also want to recognize the following businesses that participate in our COPP incentive program by offering discounts to volunteers who display their membership cards:

Evergreen Dental, McDonald's, H&H Septic Services, Dairy Queen, Pizza Pizza, Burger Place, Esso on the Run, Rivercrest Hotel, Frigs Natural Meats, Karan's Auto Service, Ricky's Grill (Lockport), and Monte Carlo.

**If you are interested in joining our team of volunteers or becoming a COPP Business Incentive Partner, please contact us at [info@wspcopp.com](mailto:info@wspcopp.com). We look forward to hearing from you.**



## West St. Paul Citizens on Patrol: "Community Safety with you in mind"

On January 24, 2026, the West St. Paul Citizens on Patrol Program (WSP COPP) held its Annual General Meeting at the Access Centre, with a primary focus on improving community safety.

The event was attended by 48 people, including 37 of our 53 WSP COPP volunteers. We were honored to host distinguished guests, including Justice Minister Matt Wiebe, MLA J.D. Devgan, RCMP Constable Paul Human, WSP Mayor Peter Truijen, Councillor and COPP Liaison Giorgio Buscetti, and the West St. Paul Community & By-law Safety Officers. We also welcomed COPP Coordinators from Beausejour, Oakbank/Springfield, and East St. Paul.

During the meeting, Minister Wiebe and MLA Devgan reinforced their support for the program, which continues to receive funding from the Department of Justice for essential resources like vests, signage, and literature. Additionally, the Community Safety Officers (CSOs) presented on their roles, and both WSP COPP and the CSO group will meet soon to discuss how we can

collaborate for the benefit of the RM. Councillor Buscetti also highlighted recent safety improvements in the RM, such as the hiring of CSOs and the installation of speed bumps, security cameras, and signage.

We were pleased to recognize the following long-term volunteers for their dedicated commitment to the program: Bev Bragg, Ken & Evelyn Miller, Peter & Laura Truijen, and Bill & Evelyn Myskiw.

Communication remains a key element in maintaining a safer community. By staying connected—CSOs, COPP, RCMP,

and residents alike—we can ensure everyone remains vigilant whenever criminal activity occurs.

*If you are interested in joining our team of volunteers, please contact us at [info@wspcopp.com](mailto:info@wspcopp.com). We look forward to hearing from you.*



# Come on out to Winter Family Fun Day

We're more than halfway through winter, so in celebration West St. Paul is hosting a Winter Family Fun Day Feb. 28 from 1pm to 4pm at Access Centre. Recreation Manager Ashly Reyes says there will be indoor and outdoor activities and the day will be fun for the whole family.

"There's a bit of everything for everyone," Reyes says.

"Mom and dad and kids can play outside on the rink or go tobogganing or use skis from WinterPeg's ski library. South Interlake Snoriders Club will also be there offering snowmobile rides. If you prefer to stay indoors, there's puzzles, games, crafts and more. Really, there will be fun whatever way you turn."

The fun begins at 1 pm with Penny's All-Breed Animal Rescue. Puppies and dogs will be inside Access Centre for you to visit with and hopefully fall in love with – you can sign up to foster or adopt a dog who's looking for a forever home.

If you need more puzzles or need to thin out your collection and get some fresh ones, the puzzle sell and swap is just what you need. Kids can do free winter crafts in the Kids Craft Corner and at 1:30, 2 & 3pm there will be a book reading with a local author.

Bring a lawn chair, yoga mat or a blanket and settle in for the 3:30pm indoor movie – Bad Guys 2, screened by Bulldog Entertainment. The concessions will be open.

Mark Feb. 28<sup>th</sup> in your calendar and we'll see you there! ●●●



## Winter FAMILY FUN DAY

February 28 | 1 - 4pm

**1-3pm: Puzzle Sell & Swap**

- Bring your puzzles to sell or swap

**1-3pm: Family Board Games**

- Bring your kids to try some new games

**1-3pm: Kids Craft Corner**

- Free winter craft

**1-3pm: Book Reading w/ Local Author**

- Readings at 1:30, 2 & 2:30pm

**1-3pm: Penny's All-Breed Animal Rescue**

- Adoptable puppies to visit

**3:30pm: Indoor Movie - Bad Guys 2**

- Screening done by Bulldog Entertainment
- Please bring a lawn chair, yoga mat or blanket to sit on. Concessions for purchase

**1-3: Snowmobile Rides**

- Put on by South Interlake Snoriders Club.

**1-4pm: Family Skate**

- bring your own skates/helmet

**1-4pm: Tobogganing**

- bring your own sled

**1:30-4:30pm: Ski Library**

- hosted by WinterPeg. Skis provided. For all ages

WEST ST. PAUL

For more info visit [www.weststpaul.com/events](http://www.weststpaul.com/events)



Are you enthusiastic, energetic, and passionate about creating memorable summer experiences for children? Join the RM of West St. Paul Recreation Department as a Camp Staff member and help deliver a safe, fun, and inclusive summer camp for children ages 5–11!

**Job Type:** Summer Student Positions (40 hrs per week)  
**Positions Available:** 13 positions

**Start Date:** To be determined  
**Salary:** Starting at \$16.00/hr  
**Closing Date:** Open until filled

### What You'll Do

- As a Camp Staff member, you'll work directly with children, helping to lead, supervise, and deliver daily camp activities while ensuring a safe and positive environment. Responsibilities include:
- Supervise and ensure the safety and wellbeing of campers ages 5–11.
- Lead and participate in daily activities, games, crafts, and outdoor programs.
- Assist with planning, setup, cleanup, and organization of program spaces and materials.
- Support and mentor Junior Volunteers while modelling positive behaviour.
- Report incidents or safety concerns and follow all camp policies and emergency procedures.

### What We're Looking For

- Students enrolled in high school or post-secondary with experience working with children.
- Strong communication, teamwork, and problem-solving skills.
- Reliable, positive, and able to work both independently and as part of a team.
- Ability to work the full camp season, attend mandatory training, and obtain required clearances/certifications.
- Physically able to support daily camp activities and work indoors/outdoors in varying conditions.

For a full list of responsibilities and qualifications please visit [www.weststpaul.com](http://www.weststpaul.com).

### How to Apply

Email your resume and cover letter to [hr@weststpaul.com](mailto:hr@weststpaul.com) with the subject line: Camp Staff – Summer Application. References may be requested.

The RM of West St. Paul is an equal opportunity employer and values diversity in the workplace. We thank all applicants for their interest; only those selected for an interview will be contacted. ●●●



Are you energetic, hardworking, and ready to spend your summer outdoors making a positive impact in the community? Join the RM of West St. Paul as a Green Team Summer Student and help keep our parks, facilities, and public spaces beautiful and well maintained!

**Job Type:** Summer Student Positions (40 hrs per week)  
**Positions Available:** 6 positions in Facilities & Parks, 2 positions in Operations

**Note:** Please indicate in your cover letter whether you prefer Facilities & Parks, Operations, or have no preference.

**Start Date:** To be determined  
**Closing Date:** Open until filled  
**Salary:** \$17.46/hr

### What You'll Do

- As a Green Team Summer Student, you'll play an essential role in maintaining and improving municipal parks, facilities, equipment, and pathways while providing excellent service to residents. Responsibilities include:
- Mowing, trimming, landscaping, and general grounds maintenance
- Debris and litter pickup; emptying garbage and recycling receptacles
- Cleaning and general maintenance of municipal facilities

# Green Team Summer Students!

- Assisting with basic road and pathway maintenance, including patching minor surface damage and removing obstructions
- Practicing and adhering to workplace safety procedures at all times

### What We're Looking For

- Student enrolled in high school or post-secondary education
- Minimum 16 years of age with a valid Class 5 Driver's Licence
- Physically fit and able to perform ongoing manual labour duties, including lifting 50 lbs floor to waist, 50 lbs waist to shoulder, and 25 lbs overhead
- Comfortable working outdoors in all weather conditions (heat, rain, sun, wind, dust, pollen, etc.)
- Ability to work with minimal supervision and interact respectfully with residents

For a full list of responsibilities and qualifications please visit [www.weststpaul.com](http://www.weststpaul.com).

### How to Apply

Email your resume and cover letter to [hr@weststpaul.com](mailto:hr@weststpaul.com) with the subject line: Green Team Summer Student Application. Please indicate whether you prefer Facilities & Parks, Operations, or have no preference. References may be requested.

The RM of West St. Paul is an equal opportunity employer and values diversity in the workplace. We thank all applicants for their interest; only those selected for an interview will be contacted. ●●●

# Property Tax Due Date Changing to June Starting in 2027

Beginning in 2027, the RM of West St. Paul will move the property tax due date from the last business day in September to the last business day in June.

### Why the change?

To align tax collection with the RM's busiest season for operating and capital projects.

To support improved cash flow during key summer months when most work occurs.

To improve planning and delivery of summer projects such as roads, parks, and infrastructure.

### What this means for residents

The first year the change will be effective is June 2027.

Residents using online banking payments may need to update their payment schedules.

There will be no change to the TIPPS program or payments

Notices and reminders will be sent well in advance to ensure a smooth transition. ●●●



## Years of Service Pins presented to three West St. Paul Fire Department members

West St. Paul Fire Chief Ryan Yackel and Lieutenant Ryan Michalishyn were presented with their 30 year pins recognizing 30 years of service with the Department. Firefighter Eldon Krahn

was presented with the Exemplary fire Service Medal for his 20 years of service. The awards were presented at the Christmas party on Dec. 5. ●●●



Left to right, Firefighter Eldon Krahn, Fire Chief Ryan Yackel, Mayor Peter Truijen, and Captains Ken Azaransky, Kerry Eccles and Greg Morris.



Left to right, Lieutenant Ryan Michalishyn, Fire Chief Ryan Yackel, Mayor Peter Truijen, and Captains Ken Azaransky, Kerry Eccles and Greg Morris.

## West St. Paul Fire Department getting new tanker, Province provides GRO funding

West St. Paul has been approved for Manitoba Growth, Renewal and Opportunities (GRO) funding of up to \$432,500 to replace a Fire Department tanker.

The new tanker will replace a 1995 Freightliner tanker that carried 1,500 gallons of water. The new tanker will carry more than double that amount at 3,400 gallons and will be built on a 2026 Peterbilt chassis.

The new apparatus will be equipped with a 1,250-gallon-per-minute pump that can pump and roll, something the old tanker could not do.

This tanker will be the first with the pump and roll technology for the West St. Paul Fire Department.

"Having an apparatus that can be multi-functional will be a huge asset to the Department as our community continues to expand and grow," says Fire Chief Ryan Yackel. ●●●

# Save the date, next Seniors' Lunch is set for May 8

There's another Seniors' Lunch coming up on May 8, and that means another chance to get together and socialize with friends and neighbours and help support the Our Daily Bread Soup Kitchen.

The December lunch was a hit with more than 70 in attendance and lots of great presentations that informed and entertained.

Linda Brown from Active Aging in Manitoba spoke to the crowd and gave them '10 Habits for Healthy Aging'. Murray Luschinski from the West St. Paul Citizens On Patrol Program gave a presentation as did Toast Master Raymond Wolowidnyk.

Evelyn Myskiw from the WSP Lions spoke and Steve Dreger from Tennis Manitoba got the group up and moving for some

Red Ball Tennis. Red Ball Tennis is offered at the Access Centre and is an adapted game, featuring a smaller court, lower net and larger red balls, which have less compression than regular tennis balls and travels off the racket with a reduced speed and trajectory.

Mark May 8<sup>th</sup> in your calendars, and don't forget to bring a donation of non-perishable food for the Soup Kitchen. We'll see you in May! ●●●



## CALL FOR Nominations

### J.C. (CHIC) BALDERSTONE MEMORIAL AWARD WEST ST. PAUL YOUTH VOLUNTEER AWARD

The RM of West St. Paul invites you to nominate individuals from our community who are contributing to volunteerism

• Letters of nomination must outline nominee's volunteer experience and why they would be a good candidate to receive the award.

• Forward your nomination in writing to the Access Centre  
48 Holland Road, West St. Paul, MB R4A 5A4 | Email: recreation@weststpaul.com

DEADLINE FOR SUBMISSIONS IS FRIDAY, MAY 1, 2026

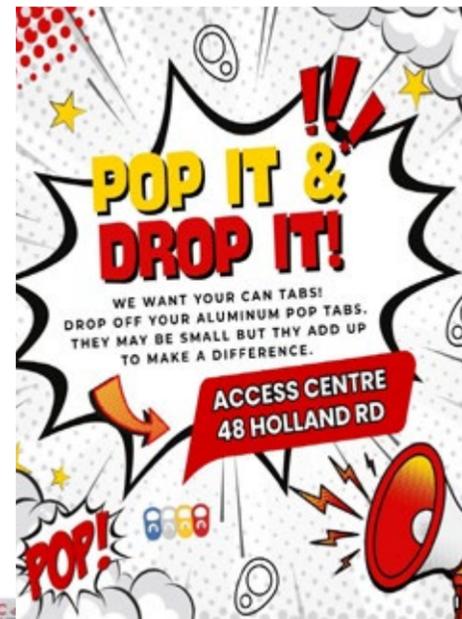
#### J.C. (CHIC) BALDERSTONE MEMORIAL AWARD CRITERIA

- Be a resident of West St. Paul
- Be 18 years of age or older
- An individual who has been an avid volunteer in the community.

#### WEST ST. PAUL YOUTH VOLUNTEER AWARD CRITERIA

- Be a resident of West St. Paul
- Be under the age of 18
- Has made a contribution to their school, an organization or the community through their volunteerism.

Current elected officials and full-time staff are ineligible for these awards



Save the Date!

# SENIORS LUNCH

FRIDAY, MAY 8, 2026

DOORS OPEN AT 11:30 AM

RSVP TO  
RECREATION@WESTSTPAUL.COM  
OR 204.336.0294

WEST ST. PAUL ACCESS CENTRE  
48 HOLLAND RD.

